

4-STEPS TO CREATING AND CLARIFYING YOUR LIFE VISION

TREY & AUTUMN HOLLIS



Many people float through life without ever truly creating their vision – it’s a suffocating state-of-mind that stems from the tendency of day-to-day thinking instead of developing a *Big Picture* for your life.

In this guide we’ll work through some quick and easy exercises that will help you begin to create and clarify your life vision. In order for the exercises to be effective, it is important that you give 100% effort in your answers and thinking. If you do not give 100%, you’ll only cheat yourself.

Okay, are you ready to get started? Great...let’s go!

Read the instructions to each section carefully and answer accordingly.

- 1.) Write down your top 3 goals that you want to achieve in life – the top 3 that you will absolutely regret if you don’t at least make a real solid effort toward achieving. These goals should be the BIG goals that you desire to accomplish, and **they should be goals that are within your control – i.e. starting a business, becoming a teacher, traveling to a foreign country, writing books, producing a film, learning how to fly an airplane, going on a fishing expedition, starting a real estate brokerage, etc.**

- 2.) List 1-3 things that you do that you are deeply passionate about.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

4.) Identify and write down the obstacles that are preventing you from creating your envisioned life.

[illegible]

Let's CLARIFY

Look at your answers to numbers 1 and 2 – if your answers have multiple intersections [meaning that your passions feed into your goals], then you're on track to being able to create a crystal clear vision for your life. At this point, you've got to pay close attention to your answer to number 3 – your envisioned life for 10 years from now is a great clear vision that you should really push toward. Expand on that vision and look out further to 15 years, or maybe even 20 years.

However, if your answers to 1-3 are somewhat disconnected, you'll need to focus more on clarifying what you envision for your life and narrowing down exactly what you're passionate about...or what you would like to build your life around. An example of this may be if you are passionate about cars and business, you may want to learn about auto design, or repair, or even car sales. Or perhaps you're passionate about music – maybe you want to look into going to school for music OR taking lessons on a specific instrument that you like. Don't be discouraged by having a “disconnected vision.” It's okay. If we had to bet, we'd bet that most people go through periods of disconnected vision in their lifetime...we sure did.

For the fourth task...if you identified many obstacles, that means you're aware that your goals and envisioned life will require a great deal of hard work. Don't be afraid of hard work...and always think of innovative ways to work smarter. All great people have paid their dues and put in tons of hard work to achieve their high levels of success. If you didn't identify many obstacles that means either:

1. You're a solution-minded individual and obstacles are more so opportunities to you...so what the average person may see as an obstacle, you see as normal and part of the process of success.

OR

2. You're not fully aware of what your envisioned life requires in order for you to achieve it. Make sure you do some research into what it is that you desire to do [if you've figured that part out], make sure that you truly desire to achieve those goals and that they aren't just “good ideas”

Often times, many people produce their envisioned life as a product of their life purpose – and that's exactly how it should be. Our envisioned life should definitely be driven by what we have discovered as our purpose in life – whatever it is for YOU. But remember, you are not in a “life competition” against anyone else...don't rush it...explore different passions and goals that you want to achieve. Eventually, you'll have that “AHA!” moment and all of the bells will start ringing...and you'll know what you were born to do.

The graphic below floated around many social media networks in early 2015, and it's the perfect illustration of the necessary combination to find your purpose and further create your *life vision*.



What's Next?

Welp...that's a question you have to really think about an answer for yourself. If you've developed a vision for your life but haven't truly started pursuing your vision, then you simply need to get started. What are you waiting for? Waiting just turns into wasting. You have to get up the courage to take action. Stop waiting for the perfect time...the perfect time is now. Remember that your envisioned life is a *BIG PICTURE* and it will require that you take small steps to reach it. Start now.

For those who haven't fully developed their vision, as mentioned earlier – explore life. Also think about that graphic up above...think about it...and don't lose hope.

Be sure to join us on [The Conquer Life Mindset](#) website where you'll find more great content to help you along your journey of developing your own Conquer Life mindset!

#ConquerLife

About Trey & Autumn



Trey & Autumn Hollis have been married since 1998. As a husband and wife team, they have been through some very trying circumstances in life. Despite those circumstances, they have continually ex-celled in their professional and personal endeavors. Trey and Autumn both attained Master of Science degrees in Leadership from the MacArthur School of Leadership at Palm Beach Atlantic University.

Being residents of South Florida, the Hollis family enjoys trips to the Florida Keys, and of course Disney World in Orlando, Florida.

They also describe themselves as "hardcore foodies" with a penchant for the culinary arts. Trey is a BBQ fanatic, who credits his BBQ smoking skills and inspiration to his father, grandfather, and great-grandfather. Autumn is a self-taught culinary artist who enjoys diverse international cuisines and cultural fusions.

Beyond their love for personal development and mentoring/coaching others, Trey and Autumn have a sincere passion for entrepreneurship, business analysis, consulting, development, and leadership development.

Connect with Trey & Autumn on social media!

Twitter: <http://twitter.com/RealConquerLife>

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